



alzheimer's  association®



Upcoming Education Programs at the Palmer Public Library

1455 North Main Street, Palmer, MA

Thursday, September 5th at 6:00 PM

Healthy Living for your Brain & Body

Tuesday, October 8th at 6:00 PM

Safety & Memory Challenges

Tuesday, October 22th at 6:00 PM

Understanding & Responding to Dementia Related Behavior

Tuesday, November 12th at 6:00 PM

Effective Communication Strategies

These programs are free and open to the public.

To learn more about these programs, or for additional support, please call the 24/7 Alzheimer's Association helpline at (800) 272-3900