



Palmer Public Library presents -

A Series of Workshops on Alzheimer's and Dementia

Monday afternoons at 2 p.m. in May

May 7 - The Basics: Memory Loss, Dementia, and Alzheimer's Disease: What you need to know.

May 14 - Know the 10 Signs: Early Detection.

May 21 - Healthy Living for your Brain and Body.

5.7
MILLION

Americans are living with Alzheimer's

BY 2050, this number is projected to rise to nearly

14
MILLION



To register, please call 800-272-3900.

Walk-ins are also welcome!

Palmer Public Library
1455 North Main St.
Palmer, MA 01069
413-283-3330

Wednesday evenings at 6 p.m. in June

June 13 - Dementia Conversations: Learn how to have productive and successful conversations with your loved one, family, and others.

June 20 - Effective Communication Strategies: Explore communication changes due to dementia, and skills needed to connect and communicate throughout the disease process.

June 27 - Understanding and Responding to Dementia-related Behavior.